

# Healthcare in the Global Village



## Serving Refugees in Indiana



### Dates

**Thursday, September 24, 2009**

**6-9PM**

**Friday, September 25, 2009**

**7:30AM-5PM**



**CROWNE PLAZA®**

**INDIANAPOLIS AIRPORT**

**THE PLACE TO MEET.**

**2501 South High School Road  
Indianapolis, IN 46241**

## Registration and Payment

<http://publichealthpractice.cloverpad.org/Default.aspx?pageId=100468&eventId=66867&EventViewMode=EventDetails>

An email verification will be sent to you immediately after registering (hyperlink above). Mail a copy of the email verification with a **\$60.00\*** check made payable to **Indiana State Department of Health**

Indiana State Department of Health  
2 North Meridian Street  
Section 6D  
Indianapolis, IN 46204  
ATTN: Helen Townsend

**\*Thursday Dinner, Friday Breakfast, Lunch and Break Service Included. Vegetarian and vegan options available.**

## Continuing Education

### **9.0 Hours Continuing Medical Education**

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Indiana State Medical Association (ISMA) through the joint sponsorship of St. Vincent Hospital and Health Care Center Inc. and The Indiana State Department of Health. St. Vincent Hospital and Health Care Center Inc. designates this educational activity for a maximum of **9.0 AMA PRA Category 1 Credits(s)™**. Physicians should only claim credit commensurate with the extent of their participation in the activity. As a sponsor accredited by the Indiana State Medical Association, St. Vincent Hospital must ensure balance, independence, objectivity, and scientific rigor in all sponsored educational programs. All faculty participating in these programs must complete a disclosure statement indicating any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of the continuing education program. This pertains to relationships with pharmaceutical companies, biomedical device manufacturers, or other corporations whose products or services are related to the subject matter of the presentation topic.

### **9.7 Nursing Continuing Education Contact Hours**

St. Vincent Hospital and Health Care Center, Inc. is an approved provider of continuing nursing education by the Indiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

### **8.5 CEUs for LSW, LCSW, LMHC and LMFT**

In **partnership with the St. Vincent Medical Social Services Department**—an approved CEU provider by the Indiana Professional Licensing Agency--The Indiana Social Worker, Marriage and Family Therapist and Mental Health Counselor Board has approved this organization to provide Category I (formal) Continuing Education for LSW, LCSW, LMHC, and LMFT. However, the licensees must judge the program's relevance to their professional practice. The CEUs are provided through the license of St. Vincent Medical Social Services.

## Out of Town Participants

A block of sleeping rooms has been reserved at the Crowne Plaza Airport for conference attendees at the special rate of \$94.00 per night for a double. This block of rooms has been reserved under the name of the Conference, *Healthcare in the Global Village*. Reservations must be received on or before 6PM on **September 11, 2009**. Any reservations made after that date and time will be subject to availability and the hotel's guest room rates.

**Reservations are made by calling the Crowne Plaza at 317-244-6861.**

### **A limited number of Scholarships are available for lodging**

Any incidental charges (ex – phone, room service) will be the responsibility of the guest.

### **For more information regarding scholarships, contact**

Helen Townsend  
Refugee Health Coordinator  
Indiana State Department of Health  
317-233-1321

*Refugees are individuals who flee their homeland to escape persecution, leaving behind everything they own and know. If there is not a way for them to return home, they are sometimes invited to resettle in another country. The United States annually invites many thousands of refugees to start over in this country. Since 2007, Indiana has resettled more than 1500 refugees per year, primarily refugees from Burma.*

*One of the benefits offered to refugees when they first arrive in the United States is a health screening. It is a goal of the Indiana State Department of Health Refugee Health Program that refugees are referred to a medical home after screening so that their health care needs continue to be met.*

*Many issues can complicate the health care provided to refugees. When the refugee and health care provider (and health care system) come from different cultures and speak different languages, the risk for miscommunication is great.*

*This conference will address the new reality in Indiana of treating patients from every part of the planet. Three internationally known practitioners will present best practices based on their decades of work with refugees: bridging cultural differences; working with interpreters, addressing common infectious and non-infectious diseases in refugees; identifying mental health care needs in refugees.*

## Carey Jackson MD, MPH, MA

**Dr. Carey Jackson** directs the International Medicine Clinic at Harborview Medical Center, the county hospital for Seattle, WA. His community partnership projects, which center on cross-cultural issues relevant to medical care, have set high standards and are recognized both nationwide and globally.

A prime example of his educational outreach is his award-winning Web site, EthnoMed (<http://www.ethnomed.org>). First launched in 1994, the site's mission is to bridge cultural and linguistic barriers that arise during medical visits. Given the global relevance of EthnoMed's data, the site is accessed daily by users around the world, including students, physicians, and laypeople.

Dr. Jackson is also active in various community projects as a member of the Community Advisory Board for Community House Calls and the Board of Directors of the Cambodian Women's Association, and he is a past member of the Governing Board of the Pacific Hospital Preservation and Development Authority. His efforts have been recognized by major awards, including the Sterling Munro Award for Public Service Teaching at the University of Washington and the Foster G. McGaw Prize for Excellence in Community Service from the American Hospital Association.

## Patricia Walker MD, DTM&H

**Dr. Patricia Walker** is the Medical Director at HealthPartners Center for International Health in St. Paul, Minnesota, a nationally known refugee and immigrant health clinic. She attended Mayo Medical School and the Mayo Graduate School of Medicine where she received a Graduate Travel Award for Outstanding Achievement in Internal Medicine. She received her Diploma in Tropical Medicine and Hygiene from the London School of Hygiene and Tropical Medicine in 1997. She has also received her Certificate in Tropical Medicine and Traveler's Health from the American Society of Tropical Medicine and Hygiene, and a Certificate of Knowledge in Clinical Tropical Medicine from the International Society of Travel Medicine.

She received a Bush Medical Fellowship in 1997, and has received numerous awards, including Minnesota Woman Physician of the Year, Top 40 Physicians Under 40, Community Service Award from the Minnesota Medical Association and Twin Cities International Citizen Award from the Mayors of Minneapolis and St. Paul. She was honored as a featured alumnus for Humanism in Medicine at Mayo Medical School's 35<sup>th</sup> Anniversary celebration in 2002, and in 2004 was honored as one of the Top 100 Influential Health Care Leaders in Minnesota.

She is the author of numerous professional publications and book chapters, and is a nationally recognized expert on cross-cultural health care in a multi cultural society. She chaired the State of Minnesota Immigrant Health Task Force from 2002-2004, a state wide group of 70 experts who developed best practices in care for refugees and immigrants in Minnesota. These best practices are now being shared nationally. She co-edited with Dr Elizabeth Barnett the new medical textbook, Immigrant Medicine, published in October 2007. A new book entitled, "My Heart it is Delicious", setting the course for cross cultural health care, the Story of the Center for International Health, by Biloine Young, was also published by Afton Press, in Afton, Minnesota in October 2007.

She is the co-chair of HealthPartners organization-wide Equitable Care Task Force, and serves as the Project Director for the Medtronic Foundation Regions Fellows in Cross Cultural Health Care. She also is the Associate Medical Director for the Global Health Pathway in the Department of Medicine at the University of Minnesota.

## Georgi Kroupin MA, LP

**Georgi Kroupin** is a Russian native, has worked as a psychologist and family therapist in the Center for International Health since 1993 and has been director of the mental health program since 2003. He is a licensed psychologist. Kroupin received an MA in Clinical Psychology from Moscow State University and is currently a PhD student in the MFT program in the Department of Family Social Services at the University of Minnesota. He has also received certified training in clinical hypnosis and EMDR.

Kroupin works with immigrants and refugees from Africa, South-East Asia, the former Soviet Union and Eastern Europe, Latin America and the Middle East. His practice is carried out exclusively at the Center for International Health, HealthPartners. He provides individual psychotherapy, diagnostic assessment, marital and family therapy, group therapy, educational activities. He has made presentations across the country regarding immigrant and multi-cultural issues in healthcare and contributed to a textbook on family therapy with immigrant families, and a book on Immigrant Medicine.

# AGENDA

## Healthcare in the Global Village: Serving Refugees in Indiana 24-25 September 2009

### **Thursday, 24 September 2009**

- 6:00-6:30PM            Registration
- 6:30-7:00PM            Human Rights, Health and Refugees  
**Eleanor DeArman Kinney MA, JD, MPH**  
**Hall Render Professor of Law – Indiana University School of Law**
- 7:00-7:30PM            “My Story”  
**TBA: Burmese or Iraqi Refugee**
- 7:30-8:30                Opening Keynote  
Building Bridges between Ethnic Communities and Health Institutions:  
Beyond Language: Developing Cultural Competency  
**Carey Jackson MD, MPH, MA**

### **Friday, 25 September 2009**

- 7:30-8:00AM            Registration/Pre-tests
- 8:00-8:15                Welcome  
**Judith Monroe MD – Indiana State Health Officer**
- 8:15-9:15                Plenary Keynote  
Practicing Medicine in the Global Village: Joys and Challenges  
**Patricia Walker MD, DTM&H**
- 9:15-9:45                Refugee Resettlement Process  
**Carleen Miller MA, LMHC, LMFT**  
**Executive Director – Exodus Resettlement Agency**
- 9:45-10:15              Who are the Refugees in Indiana?  
Purpose and Scope of the Domestic Refugee Health Screening & the TB  
Follow up Worksheet  
**Helen Townsend BSEd, MPH, RN, BSN**  
**Refugee Health Coordinator – Indiana State Dept of Health**
- 10:15-10:30            Break



|             |  |
|-------------|--|
| 10:30-11:30 | <p>Common Infectious Diseases / Increased Risk of Diseases in Refugees and Immigrants</p> <p>Overview: TB, intestinal nematodes, eosinophilia, hepatitis B, common cancers seen, etc</p> <p><b>Dr. Patricia Walker/Dr. Carey Jackson</b></p>   |
| 11:30-noon  | <p>What Refugees Want and Need from the Health Care System</p> <p><b>TBA: Burmese or Iraqi refugee</b></p>   |
| noon-1:00PM | Lunch  |
| 1:00-2:45   | <p>Mental Health Issues of Refugees and Immigrants</p> <p><b>Georgi Kroupin MA, LP</b></p>   |
| 2:45-3:00   | Break  |
| 3:00-4:00   | <p>Panel: Best Practices in Primary Care for Refugees and Immigrants</p> <p><u>Center for International Health (CIH) care delivery model:</u></p> <p><b>(Dr. Walker – 10 minutes)</b></p> <ol style="list-style-type: none"> <li>1. staff that reflects the communities served</li> <li>2. providers with expertise</li> <li>3. use of professional interpreters</li> <li>4. multi-disciplinary care</li> </ol> <p><u>International Medicine Clinic model</u></p> <p><b>(Dr. Jackson – 10 minutes)</b></p> <p>Q&amp;A - 40 minutes</p> |
| 4:00-4:45   | <p>Next Steps: Develop plan to increase/improve cultural competency, communication and referral between practices – public health/primary care/specialists/other partners – resettlement agencies, Medicaid, WIC, managed care, health care administrators, social services, mental health professionals, medical interpreters etc.</p> <p><b>concurrent sessions by geographic area</b></p>   |
| 4:45-5:00   | Post-tests/Evaluations   |

## **Special Thanks to the Conference Planning Committee**

**Maria Beltran-Figueroa**, Executive Director, Refugee Resource and Research Institute of Indiana, Inc.

**Susan Boyle**, Refugee Resettlement Coordinator, Family and Social Services Administration

**Gabrielle Campo**, Director, Catholic Charities Indianapolis

**Marlene Crouse**, Director of Public Health Nurses, Allen County Health Department

**Nicole Hartman**, Refugee Coordinator, Allen County Health Department

**Leea Johnson**, Clinic Manager, Barrington Health Center

**Angela Koszyk**, CME Coordinator St. Vincent Indianapolis Hospital

**Carleen Miller**, Executive Director, Exodus Refugee Immigrant Inc.

**Connie Miller**, Director Foreign Born Program, Marion County Health Department

**Kate Nicholson**, Program Manager Distance and Continuing Education, Office of Public Health Practice, IU School of Medicine Dept of Public Health

**Wanda Powell**, Education Consultant St. Vincent Indianapolis Hospital

**Debbie Schmidt**, Director, Catholic Charities Fort Wayne South Bend

**Helen Townsend**, Refugee Health Coordinator, Indiana State Department of Health